

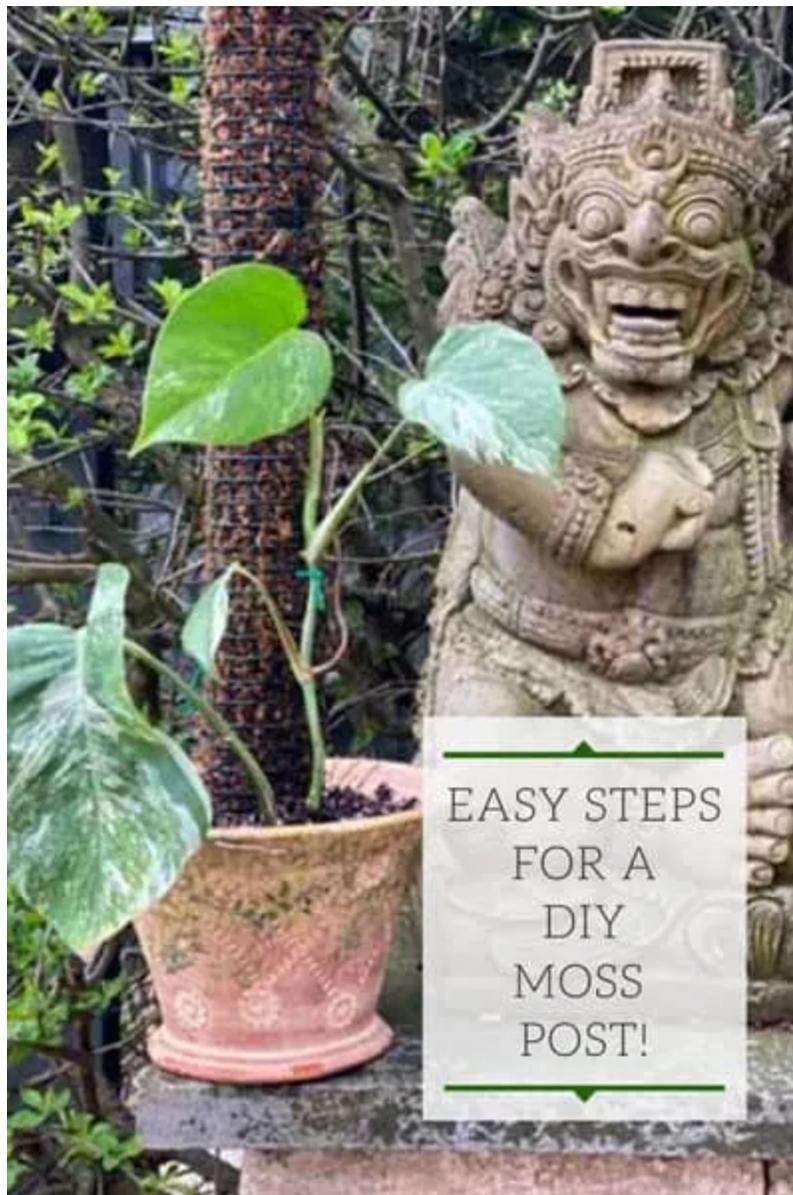
Moss Pole DIY: 7 EASY Steps to Make a Perfect One!

 ohiotropics.com/2020/05/03/diy-moss-pole-how-to-make

By Author Raffaele

Have you been looking for the best moss pole to support your indoor plants? Maybe for your pothos, monstera, philodendron or any other climbing plants? The truth is that the best one out there is one that you can EASILY make yourself in 7 simple steps!

I've been disappointed with moss poles available on the market, and they are expensive on top of all this! I'll show you how you can make an amazing, high quality moss post that is better and cheaper than any you will find on the market!



Why would you want to make your own moss post?

It is higher quality and much more sturdy and durable than pre-made ones that you can purchase.

It is easy to make and it only requires 3 or 4 materials!

You can easily extend the moss pole as your plant grows.

Your plants will literally grow into the moss pole and help transform the juvenile leaves on your climbing houseplants into larger mature leaves. Be the envy of your plant friends!

I can't believe I waited this long to make my own moss posts! Without further ado, here is how you can make your own moss totem. Be sure to reference the materials list with links at the very end of this post for your convenience.

DIY Moss Pole



Make your own moss totem pole for your climbing plants! It is so easy that you will wonder why you haven't done it yet!

Prep Time 5 minutes

Active Time 30 minutes

Total Time 35 minutes

Materials

- 1/2" 19 gauge PVC coated hardware mesh (either 2 ft x 5 ft, 3 ft x 5 ft, or any other size that you can find.)
- Vigoro 100 ft. Plastic Coated Wire Twist with Cutter
- Sphagnum Moss
- Optional: Vigoro Plastic Coated Stakes (4 ft or 6 ft)

Tools

Pair of scissors, wire cutters or pruning shears.

Instructions

STEP 1: SOAK YOUR SPHAGNUM MOSS IN WATER

1. Obviously the amount of **sphagnum moss** that you need depends on how big your moss pole is, so go conservative so that you don't have a bunch of wet sphagnum moss left over! You only need to soak it for a minute or two, but you can leave it soaking until you are ready to use it.
2. If you run out of moistened moss as you're working, you can easily and quickly soak more.



3. I just used a plastic tray and added warm water. Swish the moss around to make sure that everything gets wet and set this aside while you work on the next steps. You can also use a bucket or a sink to soak the moss.

STEP 2: BEND THE HARDWARE MESH INTO A CYLINDER

1. I used a **1/2" x 2ft x 5ft 19 gauge PVC coated hardware mesh**. So the moss post will be 2 feet tall. Since the roll is 5 feet long, it will give you enough to make 6 or 7 posts!
2. If you find other sizes of hardware mesh, that's fine! Just make sure the wire mesh is coated with PVC so that it is more durable and wont rust. I found one that is **1/2" x 4ft x 25 ft** so this will give you 4 foot tall moss poles. The roll is 25 feet long so if you anticipate making a lot, you can get this one!
3. Carefully bend the hardware mesh into a cylinder as shown in the photo below. You can make the diameter as big or small as you want, but it becomes harder to make really small diameter ones. The one I made in this how-to is about 8 1/2 inches in circumference and it was very comfortable to form with my hands.



STEP 3: CUT THE HARDWARE MESH

1. Use a pair of wire cutters, scissors or pruners to cut your piece of mesh for the pole.



STEP 4: FORM THE HARDWARE MESH INTO AN OPEN CYLINDER

1. Next, form it into an open cylinder, allowing enough room for the next step where you add your sphagnum moss.



STEP 5: FILL THE CYLINDER WITH PRE-MOISTENED SPHAGNUM MOSS

1. Squeeze any excess water out of your sphagnum moss and start filling your your entire cylinder with the moss!



2. You'll want to add a good amount so that when you close your cylinder, the moss is snug. Over time, the moss will start to degrade and get looser, so make sure it is completely filling the cylinder and that you gently pack it down.



STEP 6: STITCH UP THE CYLINDER WITH PLASTIC COATED WIRE TWIST

1. Now it's time to "sew" up your cylinder and finish your project! Grab your roll of plastic coated wire twist, and start at one end of the cylinder.

2. Don't cut the wire twist until after you tie a couple knots together to close the cylinder. In the photo below, my hand is holding the long end of the wire roll. This will help with tightening.



3. After you have added a couple knots and closed the cylinder, you can cut the wire, but you want both pieces of wire on either ends of the knot to be about 3 inches long or so.



4. Continue adding these stitches about every 6 inches or so until your cylinder is complete!



The reason you are leaving longer twists attached to the pole is for the future when you may need to reinforce your moss pole for a heavier plant. I'll talk about this a bit later.

STEP 7: REPOT YOUR PLANT OF CHOICE AND ADD THE MOSS POLE

1. Lastly, place the moss pole at the bottom of an empty pot. Place the plant in next and tie the plant against the moss pole. And finally, fill in with your potting mix!



2. Next, cut more plastic coated wire twists to secure your plant's stems to the moss pole. In the photo below, there was an aerial root growing on my Monstera (circled) and I secured it right below so that the root can grow into the moss.
3. Simply slip a piece of the wire twist under one square of the mesh grid and twist it around the stem to secure it.



That's it! You're done for now!

REINFORCING THE MOSS POLE FOR HEAVY PLANTS

1. It is not necessary though, but if you have a heavier plant, you can reinforce your moss pole for more strength. Simply use a plastic coated stake to reinforce the moss pole, and then you can use the ties that you had left attached to the moss pole when you first stitched it up, to tie the stake as in the photo below.



2. You can get a **plastic coated 4 ft stake**, or a **6 ft stake**. There may be other sizes out there, but just choose one that is the same length as the moss pole you are trying to reinforce.
3. You can add the plastic coated stake in the beginning, or insert it later and then simply twist the plastic coated twists that you already have on the moss pole.
4. Reinforcing the moss pole with a stake is also helpful if you are extending your moss pole. At some point, your plant will reach the top of your moss pole. Once this happens, you can either cut the plant if it extends beyond the height of the pole, or you can extend your moss pole. Here are the steps, and I will add pictures soon once I do this again. It is basically the same as what you already did when you made your original moss pole, except this time you will be working vertically this time on top of the original moss pole.

EXTENDING YOUR MOSS POLE

1. Measure the circumference of your existing moss pole that you want to extend.
2. Measure this exact amount on your roll of hardware mesh and cut it.
3. Form it into a loose cylinder shape just like you did before.
4. Wrap the cylinder around the top of the existing moss pole. You will want to overlap about 3 square or so. Use your plastic coated wire twist to secure the new cylinder all around the perimeter.
5. Start packing moist sphagnum moss down into the new cylinder. Make sure that it is packed down pretty good at the bottom where the old moss pole meets the new cylinder.
6. As you fill the cylinder, use your plastic coated wire twist to stitch the cylinder together every 6 inches or so until you reach the top.
7. When you're done, go back to where the old moss pole and the new pole that you just attached meet. Add more plastic coated wire twists to reinforce this area if needed.
8. If needed, add one of the plastic coated support stakes and secure it tightly against the moss pole with the plastic coated twists.

PLANTS TO USE A MOSS POLE ON

You can add a moss totem to any climbing plant! The benefit is that many plants, once they grow securely attached to your moss pole, will grow mature leaves that will look substantially different from their juvenile leaves.

Some examples of plants that you can add a moss pole on include, but are not limited to:

Syngonium

Monstera deliciosa, Monstera siltepecana, Monstera adansonii

Epipremnum pinnatum 'Cebu Blue'

Epipremnum aureum, also known as Pothos!

Scindapsus

Any climbing Philodendron such as Heart Leaf Philodendron, Philodendron 'Brasil', Philodendron 'Pink Princess'

Rhaphidophora tetrasperma

ADDITIONAL TIPS FOR YOUR MOSS POLE

Be sure to water your moss pole whenever you water your plant. Misting will be too hard, so take your plant to the sink, wash tub, bath tub or shower and thoroughly soak the moss pole and you can water your plant at the same time!

Allow your moss pole to dry out in between watering.

Be sure to continue to use the plastic coated wire twists to train your vines as they grow, and securely tie them to the moss pole. If you notice aerial roots on the vines, place these right against the moss pole and tie the vine to the pole. This will encourage the roots to grow into the pole.

When you first place your moss totem in your pot, secure your plant to it and fill the pot with soil, your totem should be pretty stable. But be careful for a while when you move it. Once the plant and roots grow, the totem will be even more stable.

Once your plant reaches the top of the moss pole, you can either chop the top of the plant off if it grows beyond the top, or you can extend your totem!

Lastly, if you want your moss pole to be a certain size, and you want this size from the beginning and don't want to extend it later, you can just simple stitch two cylinders together from the beginning.

Let's say that you have a 2 ft tall roll of hardware mesh but you want a 4 ft moss pole. Simply make two matching cylinders and join them together end to end in the beginning with the plastic coated twists!

Then you can proceed as normal with the instructions in this post. I would recommend using the plastic coated stake to reinforce your posts though since you joined 2 together. This will make your moss pole stronger.

MATERIALS LIST

YARD GARD®

VINYL COATED
RECUBIERTAS CON VINILO

Hardware Cloth

Telas metálicas

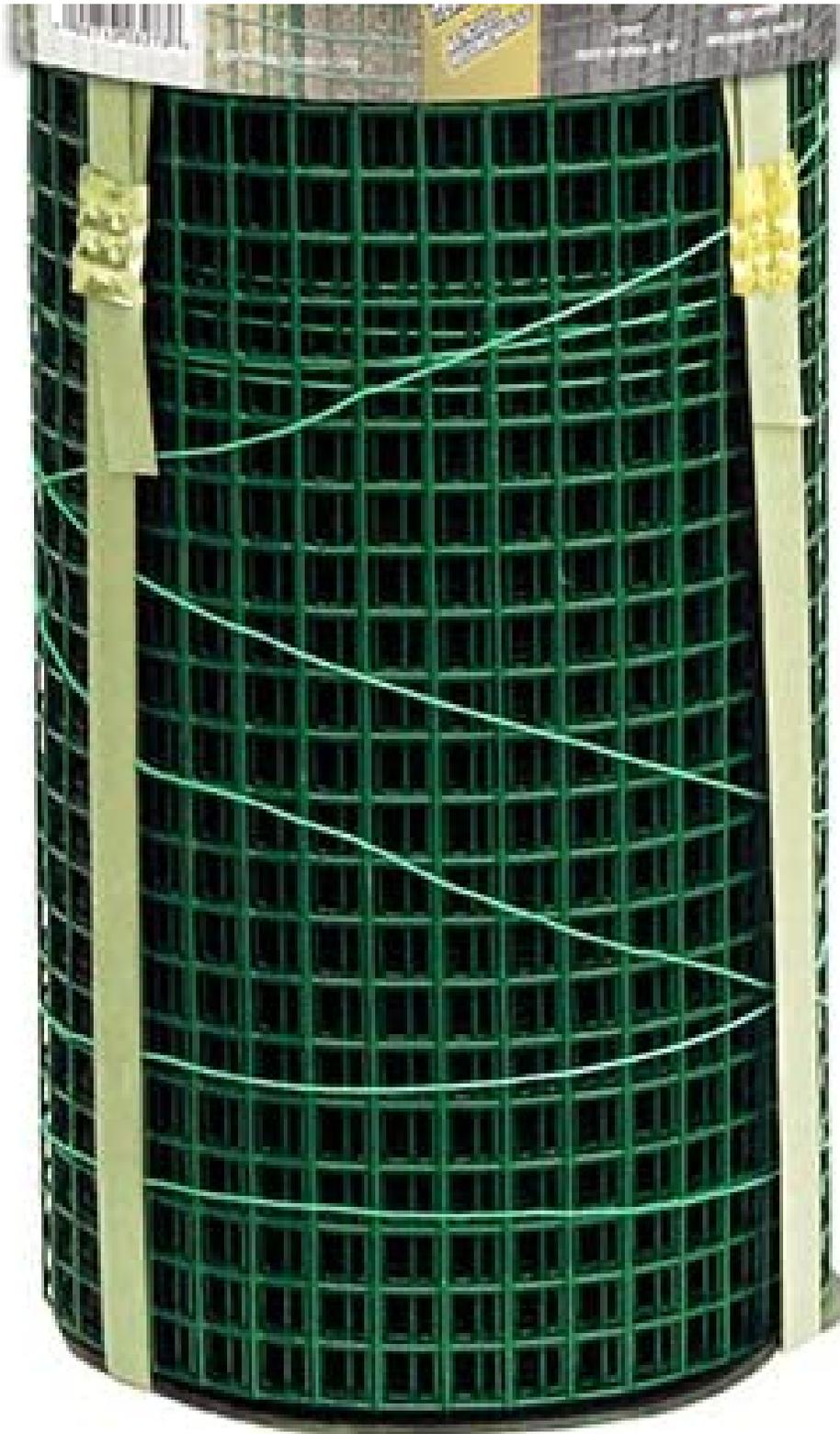
48 in. x 25 ft.
121,9 cm x 7,6 m

1/2" Mesh
18 Gauge

Mallas de 1,27 cm
Cable 18

- Handy length for dozens of home and shop uses.
- Upscale dark green vinyl fencing blends invisibly into the landscape.
- Vinyl coated for long life.
- De tamaño ideal para usar en el hogar y en el taller.
- Cerca del primer nivel, de verde oscuro se mezcla perfectamente con el paisaje.
- Recubiertas con vinilo para una vida prolongada.







BETTER-GRO.

Sphagnum Moss

Musgo Sphagnum de fibra larga

Long Fibered

Easy to Use Potting Medium
Excellent for:
Lining Hanging Baskets,
Growing Seedlings,
& Decorative Soil Covering

Muy facil de usar medio de cultivo. Es excelente para revestimiento interior de cestas colgantes, crecimiento de semillas y recubrimiento decorativo de suelos.

All Natural

Todo natural

Helps
**Retain Soil
Moisture
& Fertilizer**

Ayuda a retener la humedad y el fertilizante

Excellent for
**Lining Wire
Baskets
and
Topiary
Forms**

Para cestas de alambre y formas de topiary

240
grams
(8.47 oz)



MOSS POLE QUESTIONS

Do I need a moss pole for my Monstera?

You don't *need* a moss pole, but some kind of support is definitely needed since they are vining plants, especially for *Monstera deliciosa* which will eventually get too large. A moss pole is one good option.

What can I use instead of a moss pole?

There are multiple other supports if you don't want to use a moss pole, and these include rough wood plants, bamboo "tripods" and more. Read my blog post on [plant supports](#) to explore these options a little further.

Do you need to wet a moss pole?

Yes, do you do need to wet your moss pole so that your plant's roots can more easily grow into the moss. It doesn't have to stay wet all the time, but try and at least check it weekly, and try not to keep it completely dry for too long.